



Psychiatric APRN Patient Agreement – includes Psychotropic Medication and Controlled Substances Policy

The Advanced Practice Registered Nurse (APRN) will see students for psychiatric care who do NOT require intense, frequent treatment and monitoring. The initial evaluation is 45-60 minutes with follow-up appointments lasting an average of 15-30 minutes. If the student needs intensive treatment, they will be referred to a provider in the community. The student is financially responsible for off-campus treatment.

The Earlham College Health Services is committed to supporting you and your individual needs. It is essential to protect your access to controlled medications and to protect our ability to prescribe to you. Controlled medications, including stimulants prescribed for ADHD, are strictly regulated by State and Federal guidelines. This agreement is a tool to protect the provider and you by establishing guidelines within the laws for proper controlled substance use.

Consent for treatment means the student understands and agrees to the following:

1. Consent to treatment by the APRN. The APRN may consult with a collaborating physician and/or psychiatrist. Student will be educated about their medication and potential side effects/adverse reactions.
2. The student agrees to arrive on time for appointments. If students are 15 minutes or more after the beginning of the appointment time, they will be rescheduled.
3. Failure of the student to keep their appointment or reschedule within 24 hours of the appointment will result in \$25.00 charge to their account.
4. Three failed appointments will result in not being rescheduled with the APRN.
5. The student agrees to be seen on a regular basis and medications will not be prescribed without being current with treatment. In mental health care, 3 months is considered the longest length of time a person is scheduled out. The student will comply with the APRN's recommendations to return for follow-up visits.
6. Blood and/or urine drug testing may be required if it is needed to assess medication effects and/or levels, physical status, or if the student is on controlled medications. The student understands that the presence of unauthorized substances may prompt termination of this contract and further prescriptions. Additionally, absence of the prescribed medication will prompt termination.
7. The student understands that the State of Indiana tracks information provided by pharmacies regarding all controlled substance prescriptions. The Health Clinic will monitor this data routinely.
8. The student agrees the prescribed medication is their responsibility and to keep it in a secure place. The student **WILL NOT** share medication with anyone else, which includes giving or selling

prescribed medication to others. The student agrees to take the medication only as directed by the prescribing APRN.

9. Communication with the APRN will be done through Health Services.
10. The APRN will be available for Telehealth appointments when onsite appointments are restricted by administrative authority.
11. The APRN has the right to consult with Earlham's medical director and counseling services.
12. The student agrees to allow Earlham College Health Services to contact any previous health care provider or pharmacist to discuss prior, current, and future treatment. This includes verifying diagnosis and medication(s). The Health Clinic will provide to the student forms for release of information along with the Health Clinic's contact information.
13. The student will inform the APRN of any new medications or medical conditions, and of any adverse effects from medication. The student agrees to check with the APRN or a pharmacist before taking other medications, including over-the-counter and herbal products. The student also agrees to inform the APRN if they stop taking or change the way they are taking their medication.
14. All medications prescribed by Earlham College Health Services must be filled through the pharmacy delivering to Earlham College Health Services unless specific authorization is obtained by the student from the provider.
15. The student acknowledges that the APRN is not obligated to replace any medication shortfall.
16. Medication(s) for the management of the student's condition(s) will be provided by Earlham College Health Services providers so long as the student will follow the terms and conditions of this agreement. Failure to comply with any of the rules may result in discontinuation of the medication(s).
17. For the student wanting to be diagnosed with ADHD and/or start stimulant medications, if the student does not currently have a proper diagnosis, they will be referred for testing. Once a proper diagnosis is obtained, the student will follow the steps set forth by Earlham College Health Services, which includes meeting with the APRN to receive a prescription.

I have read and understand the above agreement and my questions have been answered.

Date: _____

Printed name: _____

Signature: _____

Witness: _____

Additional comments/Questions: _____
